








	MLK Holiday 01/18/2010 1	01/19/2010 2	01/20/2010 3	01/21/2010 4	01/22/2010 5
B R E A K F A S T	Pancake on a Stick 1 ea Fresh Fruit 1/4 e Juice Choice 1/2 e Milk Choice 1/2 pt Syrup 1 pk	Sl. Turkey Ham 1 oz Hot Cheesy Grits 1/2 c Biscuit 1 Juice Choice 1/2 c Milk Choice 1/2 pt	Cinnamon Roll 3 oz Juice Choice 1/2 c Milk Choice 1/2 pt 	Cereal 2 ea Banana 1/2 c Juice Choice 1/2 c Milk Choice 1/2 pt	Turkey Ham, Egg & Cheese Sunrise Stk. 1 ea Commod. Fruit Cup 1/2 c Juice Choice 1/2 c Milk Choice 1/2 pt
L U N C H T R	Ham Patty 2 oz White Beans 3/4 oz Steamed Rice 1/2 e Turnip Greens 1/4 e Fruit Choice: 1/2 e Fresh Fruit Salad Cloverdale Peach Cup Cornbread 2 oz Milk Choice 1/2 pt	* Meatloaf w/brn. gravy 2 oz Mashed Potatoes 1/2 c Mixed Veggies 1/4 c Fruit Choice: 1/2 c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice 1/2 pt Catsup 2 pk	* Sl. Turkey 2 oz Rice Dressing 1/2 c Steamed Peas 1/2 c Or Tator Tots Fruit Choice: 1/2 c Cloverdale Straw. Applesauce Orange Wedges Dinner Roll 2 oz Milk Choice 1/2 pt 	* Chicken Cacciatore 2 oz Spaghetti 1/2 c Steamed Corn 1/2 c Tossed Salad 1/4 c Fruit Choice: 1/2 c Pear Halves Pineapple Tidbits Garlic Bread 2 oz Milk Choice 1/2 pt	* "Party Plate" BBQ Chicken 3 ea BBQ Mini Meatballs 3 ea Mac n Cheese 1/2 c Baby Carrots 1/4 c with Ranch Dip Fruit Choice: 1/2 c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice 1/2 pt
L U N C H F F	* Hamburger/Cheese 2oz Tator Tots 3/4 e Let/Tom/Pick 1/4 e Fruit Choice: 1/2 e Fresh Fruit Salad Cloverdale Peach Cup Milk Choice 1/2 pt Mayo/Mustard 1 pk Catsup 2 pk	Chicken Nuggets 2 oz Mashed Potatoes 1/2 c Fruit Choice: 1/2 c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice 1/2 pt Catsup 2pk	Hot Turkey & Cheese Poboy 2 oz Steamed Peas 1/2 c Or Tator Tots Let/Tom/Pick 1/4 c Fruit Choice: 1/2 c Cloverdale Straw. Applesauce Orange Wedges Milk Choice 1/2 pt	Hot Dog 2oz Chili 1oz Tator Tots 1/2 oz Tossed Salad 1/4 c Fruit Choice: 1/2 c Pear Halves Pineapple Tidbits Milk Choice 1/2 pt Catsup 2 pk	Fish Sticks 2 oz Tator Tots or Mac'n Cheese 1/2 c Baby Carrots 1/4 c with Ranch Dip Fruit Choice: 1/2 c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice 1/2 pt Tartar Sauce 1 pk
S A L A D	Mixed Salad Greens 2 1/2 e Diced Tomatoes 1/4 e Sl. Pickles 1/4 e Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk FF Dressing, Assrt. 1 pk Milk Choice 1/2 pt	Shrd. Lettuce 2 1/2 c Sliced Tomatoes 1/3 c Sl. Pickles 1/4 c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice 1/2 pt	Mixed Salad Greens 2 1/2 c Diced Tomatoes 1/4 c Pickle Spears 1/4 c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice 1/2 pt	Shrd. Lettuce 2 1/2 c Tomato Wedges 1/4 c Sl. Pickles 1/4 c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice 1/2 pt	Mixed Salad Greens 2 1/2 c Diced Tomatoes 1/4 c Pickle Spears 1/4 c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice 1/2 pt





Jan. 18 - MLK Holiday

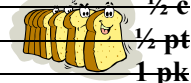
Feb. 5, 12, King Cake for dessert

	01/25/2010	6	01/26/2010	7	01/27/2010	8	01/28/2010	9	01/29/2010	10
B R E A K F A S T	Pop Tarts	2 ea	Scrambled Eggs	1 oz	Grilled Cheese	1 oz	French Toast Sticks	5 stks	Breakfast Breaks	1
	Juice Choice	½ c	Hot Cheesy Grits	½ c	Toast Sand.	2 sl	Juice Choice	½ c	Milk Choice	½ pt
	Milk Choice	½	Toast	1 sl	Juice Choice	½ c	Milk Choice	½ pt		
			Juice Choice	½ c	Milk Choice	½ pt	Syrup	1pk		
			Milk Choice	½ pt						
			Jelly	1 pk						
L U N C H T R	*		*				*		*	
	Beef Stew	2 oz	Sausage Jambalaya	2 oz	Stewed Chicken	2 oz	Chick. & Sausage	2oz.	Fish Pattie	3 oz
	Steamed Rice	½ c	White Beans	½ c	w/gravy		Gumbo		Parsley Potatoes	½ c
	Mixed Vegetables	½ c	Lett/Tom/Pickles	¼ c	Steamed Rice	½ c	Steamed Rice	½ c	Steamed Peas	½ c
	Pineapple Chunks	½ c	Fruit Choice:	½ c	Steamed Cabbage	½ c	Potato Salad	¼ c	Fruit Choice:	½ c
	Sugar Cookie	1 ea	Frozen Juice Bar		Fruit Choice:	½ c	Fruit Choice:	½	Orange Wedges	
	Dinner Roll	2 oz	Cloverdale Peach Cup		Apple Wedges		Strawberries & Pineapple		Banana	
	Milk Choice	½ pt	Dinner Roll	2 oz	Fruited Jello w/Fruit		Pear Halves		Dinner Roll	2 oz
			Milk Choice	½ pt	Cocktail		Milk Choice	½ pt	Tarter Sauce/Catsup	1pk/2pk
					Dinner Roll	2 oz	Crackers	4pk	Milk Choice	½ pt
					Milk Choice	½ pt				
L U N C H F F			*		*					
	Corn Dogs	2 oz	Hamburger w/Cheese	2 oz	Hot Dog	2 oz	Chicken Patty on Bun	2 oz	Stuffed Crust Pizza	1 sl
	Tator Tots	½ c	Tator Tots	½ c	Chili	1 oz	Tator Tots	¾ c	Parsley Potatoes	½ c
	Let/Tom/Pick	¼ c	Lett/Tom/Pickles	¼ c	Shredded Cheese	1 oz	Lett/Tom/Pickles	¼ c	Steamed Peas	½ c
	Sugar Cookie	1 ea	Fruit Choice:	½ c	French Fries	½ c	Fruit Choice:	½ c	Fruit Choice:	½ c
	Pineapple Chunks	½ c	Frozen Juice Bar		Fruit Choice:	½ c	Strawberries & Pineapple		Orange Wedges	
	Milk Choice	½ pt	Cloverdale Peach Cup		Apple Wedges		Pear Halves		Banana	
			Dinner Roll	2 oz	Fruited Jello w/Fruit		Milk Choice	½ pt	Catsup	2pk
			Milk Choice	½ pt	Cocktail		Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt
			Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt				
					Catsup/Mustard	2/1				
S A L A D	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c
	Diced Tomatoes	¼ c	Sliced Tomatoes	1/3 c	Diced Tomatoes	¼ c	Tomato Wedges	¼ c	Diced Tomatoes	¼ c
	Sl. Pickles	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c
	Shrd. Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz
	Turkey Breast Strips	1 oz	Turkey Breast Strips	1 oz	Grilled Chicken Breast	1 oz	Turkey Breast Strips	1 oz	Tuna Salad	2 oz
	Crackers	1 oz	Crackers	1 oz	Crackers	1oz	Crackers	1 oz	Crackers	1oz
	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1 pk	Crackers	1pk	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk
	Croutons	1 pk	Croutons	1 pk	Croutons	1pk	Croutons	1 pk	Croutons	1pk
	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt
										




	02/01/2010 11	02/02/2010 12	02/03/2010 13	02/04/2010 14	02/05/2010 15
B R E A K F A S T	Pancakes Choice 2 ea Reg. or blueberry Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sausage Patty 1 oz Hot Cheesy Grits ½ c Biscuit 1 ea Jelly 1 pk Juice Choice ½ c Milk Choice ½ pt	Breakfast Pizza 1 ea Juice Choice ½ c Milk Choice ½ pt	Snack Muffin Choice 2 ea Juice Choice ½ c Milk Choice ½ pt	Snack'n Waffle, Maple 1 ea Cheese Stick 1 oz Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk
L U N C H	* Red Beans ¾ c w/Rice ½ c Smk Sausage Link 1 ea Turnip Greens ½ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Cornbread 2 oz Milk Choice ½ pt	* Teriyaki Beef Blasters 2 oz Mashed Potatoes ½ c w/gravy Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Dinner Roll 2 oz Milk Choice ½ pt 	* Baked Chicken 2 oz Rice Dressing ½ c Green Peas ½ c Let/Tom/Shrd Cheese ¼ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Dinner Roll 2 oz Milk Choice ½ pt	* Spaghetti w/Tom. Sauce ¾ c Meatballs 2 oz Steamed Corn ½ c Lett/Tom/Pick ¼ c Garlic Bread 2 oz Fruit Choice: ½ c Fresh Pears Banana Parmesan Cheese 1 pk Milk Choice ½ pt	Tuna Salad 3 oz Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines King Cake 2 oz Milk Choice ½ pt
L U N C H	Hamburger/Cheese 2oz Tator Tots ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Catsup 2pk Mayo/Mustard 1 ea Milk Choice ½ pt 	Pepperoni HotPocket 1 ea Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Milk Choice ½ pt	Tacos 2oz Let/Tom/Shrd Cheese ¼ c Green Peas ½ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Milk Choice ½ pt 	BBQ Sausage Po-Boy 2 oz Tator Tots ½ c Steamed Corn ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Pears Bananas Milk Choice ½ pt	* Pizza 1 sl Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar/ Tangerines King Cake 2 oz Catsup 2 pk Milk Choice ½ pt
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt

Feb. 5, 12 King Cake for dessert



	02/08/2010 1	02/09/2010 2	02/10/2010 3	02/11/2010 4	02/12/2010 5
B R E A K F A S T	Pancake on a Stick 1 ea Fresh Fruit ¼ c Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sl. Turkey Ham 1 oz Hot Cheesy Grits ½ c Biscuit 1 Juice Choice ½ c Milk Choice ½ pt	Cinnamon Roll 3 oz Juice Choice ½ c Milk Choice ½ pt 	Cereal 2 ea Banana ½ c Juice Choice ½ c Milk Choice ½ pt	Turkey Ham, Egg & Cheese Sunrise Stk. 1 ea Commod. Fruit Cup ½ c Juice Choice ½ c Milk Choice ½ pt
L U N C H T R	Ham Patty 2 oz White Beans ¾ oz Steamed Rice ½ c Turnip Greens ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Cornbread 2 oz Milk Choice ½ pt	* Meatloaf w/brn. gravy 2 oz Mashed Potatoes ½ c Mixed Veggies ¼ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2 pk	* Sl. Turkey 2 oz Rice Dressing ½ c Steam Peas ½ c Or Tator Tots Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Dinner Roll 2 oz Milk Choice ½ pt 	* Chicken Cacciatore 2 oz Spaghetti ½ c Steamed Corn ½ c Tossed Salad ¼ c Valentine Holiday Cup ½ c Garlic Bread 2 oz Milk Choice ½ pt 	* “Party Plate” BBQ Chicken 3 ea BBQ Mini Meatballs 3 ea Mac n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines King Cake 2 oz Milk Choice ½ pt
L U N C H F F	* Hamburger/Cheese 2oz Tator Tots ¾ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Milk Choice ½ pt Mayo/Mustard 1 pk Catsup 2 pk	Chicken Nuggets 2 oz Mashed Potatoes ½ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2pk	Hot Turkey & Cheese Poboy 2 oz Steamed Peas ½ c Or Tator Tots Let/Tom/Pick ¼ c Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Milk Choice ½ pt	Hot Dog 2oz Chili 1oz  Tator Tots ½ oz Tossed Salad ¼ c Valentine Holiday Cup ½ c Milk Choice ½ pt Catsup 2 pk	Fish Sticks 2 oz Tator Tots or Mac’n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice ½ pt Tartar Sauce 1 pk
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt

	Mardi Gras Holiday 02/15/2010 6	Mardi Gras Holiday 02/16/2010 7	02/17/2010 8	02/18/2010 9	02/19/2010 10
B R E A K F A S T	Pop Tarts _____ 2 ea Juice Choice _____ ½ e Milk Choice _____ ½	Scrambled Eggs _____ 1 oz Hot Cheesy Grits _____ ½ e Toast _____ 1 sl Juice Choice _____ ½ e Milk Choice _____ ½ pt Jelly _____ 1 pk 	Grilled Cheese _____ 1 oz Toast Sand. _____ 2 sl Juice Choice _____ ½ c Milk Choice _____ ½ pt	French Toast Sticks _____ 5 stks Juice Choice _____ ½ c Milk Choice _____ ½ pt Syrup _____ 1pk	Breakfast Breaks _____ 1 Milk Choice _____ ½ pt
L U N C H T R	* Beef Stew _____ 2 oz Steamed Rice _____ ½ e Mixed Vegetables _____ ½ e Pineapple Chunks _____ ½ e Sugar Cookie _____ 1 ea Dinner Roll _____ 2 oz Milk Choice _____ ½ pt	* Sausage Jambalaya _____ 2 oz White Beans _____ ½ e Lett/Tom/Pickles _____ ¼ e Fruit Choice: _____ ½ e — Frozen Juice Bar — Cloverdale Peach Cup Dinner Roll _____ 2 oz Milk Choice _____ ½ pt	Stewed Chicken _____ 2 oz w/gravy Steamed Rice _____ ½ c Steamed Cabbage _____ ½ c Fruit Choice: _____ ½ c Peach Cup Pineapple Tidbits Dinner Roll _____ 2 oz Milk _____ ½ pt	* Chick. & Sausage _____ 2oz. Gumbo Steamed Rice _____ ½ c Potato Salad _____ ¼ c Fruit Choice: _____ ½ Strawberries & Pineapple Pear Halves Milk Choice _____ ½ pt Crackers _____ 4pk	* Fish Pattie _____ 3 oz Parsley Potatoes _____ ½ c Green Peas _____ ½ c Fruit Choice: _____ ½ c Orange Wedges Banana Dinner Roll _____ 2 oz Tarter Sauce/Catsup _____ 1pk/2pk Milk Choice _____ ½ pt
L U N C H F F	Corn Dogs _____ 2 oz Tator Tots _____ ½ e Lett/Tom/Pick _____ ¼ e Sugar Cookie _____ 1 ea Pineapple Chunks _____ ½ e Milk Choice _____ ½ pt	Hamburger w/Cheese _____ 2 oz Tator Tots _____ ½ e Lett/Tom/Pickles _____ ¼ e Fruit Choice: _____ ½ e — Frozen Juice Bar — Cloverdale Peach Cup Dinner Roll _____ 2 oz Milk Choice _____ ½ pt Catsup/Mayo/Mustard _____ 2/1/1	* Ash Wednesday Menu Fish Portion on Bun _____ 2 oz Tator Tots _____ ½ c Lett/Tom/Pick _____ ¼ c Fruit Choice: _____ ½ c Peach Cup Pineapple Tidbits Milk _____ ½ pt Catsup/Mayo/Mustard _____ 2/1/1	Chicken Patty on Bun _____ 2 oz Tator Tots _____ ¾ c Lett/Tom/Pickles _____ ¼ c Fruit Choice: _____ ½ c Strawberries & Pineapple Pear Halves Milk Choice _____ ½ pt Catsup/Mayo/Mustard _____ 2/1/1	Stuffed Crust Pizza _____ 1 sl Parsley Potatoes _____ ½ c Steamed Peas _____ ½ c Fruit Choice: _____ ½ c Orange Wedges Banana Dinner Roll _____ 2 oz Catsup _____ 2pk Milk Choice _____ ½ pt
S A L A D	Mixed Salad Greens _____ 2 ½ e Diced Tomatoes _____ ¼ e Sl. Pickles _____ ¼ e Shrd. Cheese _____ 1 oz Turkey Breast Strips _____ 1 oz Crackers _____ 1 oz FF Dressing, Assrt. _____ 1 pk Croutons _____ 1 pk Milk Choice _____ ½ pt	Shrd. Lettuce _____ 2 ½ e Sliced Tomatoes _____ 1/3 e Sl. Pickles _____ ¼ e Shrd. Cheese _____ 1 oz Turkey Breast Strips _____ 1 oz Crackers _____ 1 oz FF Dressing, Assrt. _____ 1 pk Croutons _____ 1 pk Milk Choice _____ ½ pt	Mixed Salad Greens _____ 2 ½ c Diced Tomatoes _____ ¼ c Pickle Spears _____ ¼ c Shrd Cheese _____ 1 oz Grilled Chicken Breast _____ 1 oz Crackers _____ 1oz FF Dressing, Assrt. _____ 1pk Croutons _____ 1pk Milk Choice _____ ½ pt	Shrd. Lettuce _____ 2 ½ c Tomato Wedges _____ ¼ c Sl. Pickles _____ ¼ c Shrd. Cheese _____ 1 oz Turkey Breast Strips _____ 1 oz Crackers _____ 1 oz FF Dressing, Assrt. _____ 1 pk Croutons _____ 1 pk Milk Choice _____ ½ pt	Mixed Salad Greens _____ 2 ½ c Diced Tomatoes _____ ¼ c Pickle Spears _____ ¼ c Shrd Cheese _____ 1 oz Tuna Salad _____ 2 oz Crackers _____ 1oz FF Dressing, Assrt. _____ 1pk Croutons _____ 1pk Milk Choice _____ ½ pt



Grades 4 – 12
January – May 2010




	02/22/2010 11	02/23/2010 12	02/24/2010 13	02/25/2010 14	02/26/2010 15
B R E A K F A S T	Pancakes Choice 2 ea Reg. or blueberry Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sausage Patty 1 oz Hot Cheesy Grits ½ c Biscuit 1 ea Jelly 1 pk Juice Choice ½ c Milk Choice ½ pt	Breakfast Pizza 1 ea Juice Choice ½ c Milk Choice ½ pt 	Snack Muffin Choice 2 ea Juice Choice ½ c Milk Choice ½ pt	Snack'n Waffle, Maple 1 ea Cheese Stick 1 oz Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk
L U N C H	* Red Beans ¾ c w/Rice ½ c Smk Sausage Link 1 ea Turnip Greens ½ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Cornbread 2 oz Milk Choice ½ pt	* Teriyaki Beef Blasters 2 oz Mashed Potatoes ½ c w/gravy Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Dinner Roll 2 oz Milk Choice ½ pt 	* Baked Chicken 2 oz Rice Dressing ½ c Green Peas ½ c Let/Tom/Shrd Cheese ¼ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Dinner Roll 2 oz Milk Choice ½ pt	* Spaghetti w/Tom. Sauce ¾ c Meatballs 2 oz Steamed Corn ½ c Let/Tom/Pick ¼ c Garlic Bread 2 oz Fruit Choice: ½ c Fresh Pears Banana Parmesan Cheese 1 pk Milk Choice ½ pt	* Tuna Salad 3 oz Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Dinner Roll 2 oz Milk Choice ½ pt
L U N C H	Hamburger/Cheese 2oz Tator Tots ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Catsup 2pk Mayo/Mustard 1 ea Milk Choice ½ pt	Pepperoni HotPocket 1 ea Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Milk Choice ½ pt	Tacos 2oz Let/Tom/Shrd Cheese ¼ c Green Peas ½ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Milk Choice ½ pt	BBQ Sausage Po-Boy 2 oz Tator Tots ½ c Steamed Corn ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Pears Bananas  ½ pt Milk Choice ½ pt	Pizza 1 sl Macaroni n Cheese Or Tator Tots ½ c Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Catsup 2 pk Milk Choice ½ pt
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt



Feb. 23, 24 - Mardi Gras Holiday

	03/01/2010 1	03/02/2010 2	03/03/2010 3	03/04/2010 4	03/05/2010 5
B R E A K F A S T	Pancake on a Stick 1 ea Fresh Fruit ¼ c Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sl. Turkey Ham 1 oz Hot Cheesy Grits ½ c Biscuit 1 Juice Choice ½ c Milk Choice ½ pt	Cinnamon Roll 3 oz Juice Choice ½ c Milk Choice ½ pt 	Cereal 2 ea Banana ½ c Juice Choice ½ c Milk Choice ½ pt	Turkey Ham, Egg & Cheese Sunrise Stk. 1 ea Commod. Fruit Cup ½ c Juice Choice ½ c Milk Choice ½ pt
L U N C H T R	Ham Patty 2 oz White Beans ¾ oz Steamed Rice ½ c Turnip Greens ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Cornbread 2 oz Milk Choice ½ pt	* Meatloaf w/brn. gravy 2 oz Mashed Potatoes ½ c Mixed Veggies ¼ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2 pk	* Sl. Turkey 2 oz Rice Dressing ½ c Steamed Peas ½ c Or Tator Tots Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Dinner Roll 2 oz Milk Choice ½ pt	* Chicken Cacciatore 2 oz Spaghetti ½ c Steamed Corn ½ c Tossed Salad ¼ c Fruit Choice: ½ c Pear Halves Pineapple Tidbits Garlic Bread 2 oz Milk Choice ½ pt	“Party Plate” BBQ Chicken 3 ea BBQ Mini Meatballs 3 ea Mac n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice ½ pt
L U N C H F F	* Hamburger/Cheese 2oz Tator Tots  ¾ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Milk Choice ½ pt Mayo/Mustard 1 pk Catsup 2 pk	Chicken Nuggets 2 oz Mashed Potatoes ½ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2pk	Hot Turkey & Cheese Poboy 2 oz Steamed Peas ½ c Or Tator Tots Let/Tom/Pick ¼ c Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Milk Choice ½ pt	Hot Dog 2oz Chili 1oz Tator Tots ½ oz Tossed Salad ¼ c Fruit Choice: ½ c Pear Halves Pineapple Tidbits Milk Choice ½ pt Catsup 2 pk	* Fish Sticks 2 oz Tator Tots or Mac’n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice ½ pt Tartar Sauce 1 pk
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt


	03/08/2010	6	03/09/2010	7	03/10/2010	8	03/11/2010	9	½ Day Staff Development 03/12/2010	10
B R E A K F A S T	Pop Tarts	2 ea	Scrambled Eggs	1 oz	Grilled Cheese	1 oz	French Toast Sticks	5 stks	Breakfast Breaks	1
	Juice Choice	½ c	Hot Cheesy Grits	½ c	Toast Sand.	2 sl	Juice Choice	½ c	Milk Choice	½ pt
	Milk Choice	½	Toast	1 sl	Juice Choice	½ c	Milk Choice	½ pt	½ Day Students Full Work Day SFS	
			Juice Choice	½ c	Milk Choice	½ pt	Syrup	1pk		
			Milk Choice	½ pt						
	Jelly	1 pk								
L U N C H T R	*		*				*		*	
	Beef Stew	2 oz	Sausage Jambalaya	2 oz	Stewed Chicken	2 oz	Lasagna	2 oz	Fish Pattie on Bun	3 oz
	Steamed Rice	½ c	White Beans	½ c	w/gravy		Steamed Corn	½ c	Tator Tots	½ c
	Mixed Vegetables	½ c	Lett/Tom/Pickles	¼ c	Steamed Rice	½ c	Fruit Choice:	½ c	Let/Tom/Pick	¼ c
	Pineapple Chunks	½ c	Fruit Choice:	½ c	Steamed Cabbage	½ c	Strawberries & Pineapple		Fruit Choice:	½ c
	Sugar Cookie	1 ea	Frozen Juice Bar		Fruit Choice:	½ c	Pear Halves		Orange Wedges	
	Dinner Roll	2 oz	Cloverdale Peach Cup		Apple Wedges		Garlic Bread	2 oz	Banana	
	Milk Choice	½ pt	Dinner Roll	2 oz	Fruited Jello w/Fruit		Parmesan Cheese	1 pk	Tarter Sauce/Catsup	1pk/2pk
			Milk Choice	½ pt	Cocktail		Milk Choice	½ pt	Milk Choice	½ pt
					Dinner Roll	2 oz				
					Milk Choice	½ pt				
L U N C H F F			*		*					
	Corn Dogs	2 oz	Hamburger w/Cheese	2 oz	Hot Dog	2 oz	Chicken Patty on Bun	2 oz	Stuffed Crust Pizza	1 sl
	Tator Tots	½ c	Tator Tots	½ c	Chili	1 oz	Tator Tots	¾ c	Parsley Potatoes	½ e
	Let/Tom/Pick	¼ c	Lett/Tom/Pickles	¼ c	Shredded Cheese	1 oz	Lett/Tom/Pickles	¼ c	Steamed Peas	½ e
	Sugar Cookie	1 ea	Fruit Choice:	½ c	French Fries	½ c	Fruit Choice:	½ c	Fruit Choice:	½ e
	Pineapple Chunks	½ c	Frozen Juice Bar		Fruit Choice:	½ c	Strawberries & Pineapple		Orange Wedges	
	Milk Choice	½ pt	Cloverdale Peach Cup		Apple Wedges		Pear Halves		Banana	
			Dinner Roll	2 oz	Fruited Jello w/Fruit		Milk Choice	½ pt	Catsup	2pk
			Milk Choice	½ pt	Cocktail		Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt
			Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt				
					Catsup/Mustard	2/1				
S A L A D										
	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ e
	Diced Tomatoes	¼ c	Sliced Tomatoes	1/3 c	Diced Tomatoes	¼ c	Tomato Wedges	¼ c	Diced Tomatoes	¼ e
	Sl. Pickles	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ e
	Shrd. Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz
	Turkey Breast Strips	1 oz	Turkey Breast Strips	1 oz	Grilled Chicken Breast	1 oz	Turkey Breast Strips	1 oz	Tuna Salad	2 oz
	Crackers	1 oz	Crackers	1 oz	Crackers	1oz	Crackers	1 oz	Crackers	1oz
	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk
	Croutons	1 pk	Croutons	1 pk	Croutons	1pk	Croutons	1 pk	Croutons	1pk
	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt	Milk Choice	½ pt

	03/15/2010 11	03/16/2010 12	03/17/2010 13	03/18/2010 14	03/19/2010 15
B R E A K F A S T	Pancakes Choice 2 ea Reg. or blueberry Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sausage Patty 1 oz Hot Cheesy Grits ½ c Biscuit 1 ea Jelly 1 pk Juice Choice ½ c Milk Choice ½ pt	Breakfast Pizza 1 ea Juice Choice ½ c Milk Choice ½ pt	Snack Muffin Choice 2 ea Juice Choice ½ c Milk Choice ½ pt	Snack'n Waffle, Maple 1 ea Cheese Stick 1 oz Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk
L U N C H	* Red Beans ¾ c w/Rice ½ c Smk Sausage Link 1 ea Turnip Greens ½ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Cornbread 2 oz Milk Choice ½ pt	* Teriyaki Beef Blasters 2 oz Mashed Potatoes ½ c w/gravy Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Dinner Roll 2 oz Milk Choice ½ pt 	* Baked Chicken 2 oz Rice Dressing ½ c Green Peas ½ c Let/Tom/Shrd Cheese ¼ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Dinner Roll 2 oz Milk Choice ½ pt	* Spaghetti w/Tom. Sauce ¾ c Meatballs 2 oz Steamed Corn ½ c Lett/Tom/Pick ¼ c Garlic Bread 2 oz Fruit Choice: ½ c Fresh Pears Banana Parmesan Cheese 1 pk Milk Choice ½ pt	* Tuna Salad 3 oz Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Dinner Roll 2 oz Milk Choice ½ pt
L U N C H	Hamburger/Cheese 2oz Tator Tots ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Melon Cup Fruit Cocktail Catsup 2pk Mayo/Mustard 1 ea Milk Choice ½ pt	Pepperoni HotPocket 1 ea Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Milk Choice ½ pt	Tacos 2oz Let/Tom/Shrd Cheese ¼ c Green Peas ½ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Milk Choice ½ pt	BBQ Sausage Po-Boy 2 oz Tator Tots ½ c Steamed Corn ½ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Pears Bananas Milk Choice ½ pt 	Pizza 1 sl Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Catsup 2 pk Milk Choice ½ pt
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt

	03/22/2010	1	03/23/2010	2	03/24/2010	3	03/25/2010	4	03/26/2010	5
B R E A K F A S T	Pancake on a Stick	1 ea	Sl. Turkey Ham	1 oz	Cinnamon Roll	3 oz	Cereal	2 ea	Turkey Ham, Egg & Cheese Sunrise Stk.	1 ea
	Fresh Fruit	¼ c	Hot Cheesy Grits	½ c	Juice Choice	½ c	Banana	½ c	Commod. Fruit Cup	½ c
	Juice Choice	½ c	Biscuit	1	Milk Choice	½ pt	Juice Choice	½ c	Juice Choice	½ c
	Milk Choice	½ pt	Juice Choice	½ c			Milk Choice	½ pt	Milk Choice	½ pt
	Syrup	1 pk	Milk Choice	½ pt						
L U N C H T R	Ham Patty	2 oz	* Meatloaf w/brn. gravy	2 oz	* Sl. Turkey	2 oz	* Chicken Cacciatore	2 oz	"Party Plate"	
	White Beans	¾ oz	Mashed Potatoes	½ c	Rice Dressing	½ c	Spaghetti	½ c	BBQ Chicken	3 ea
	Steamed Rice	½ c	Mixed Veggies	¼ c	Steamed Peas	½ c	Steamed Corn	½ c	BBQ Mini Meatballs	3 ea
	Turnip Greens	¼ c	Fruit Choice:	½ c	Or Tator Tots		Tossed Salad	¼ c	Mac n Cheese	½ c
	Fruit Choice:	½ c	Apple Wedges		Fruit Choice:	½ c	Fruit Choice:	½ c	Baby Carrots	¼ c
	Fresh Fruit Salad		Fruit Jello w/pineapple		Cloverdale Straw. Applesauce		Pear Halves		with Ranch Dip	
	Cloverdale Peach Cup		Dinner Roll	2 oz	Orange Wedges		Pineapple Tidbits		Fruit Choice:	½ c
	Cornbread	2 oz	Milk Choice	½ pt	Dinner Roll	2 oz	Garlic Bread	2 oz	Sliced Peaches	
	Milk Choice	½ pt	Catsup	2 pk	Milk Choice	½ pt	Milk Choice	½ pt	Tangerines	
									Dinner Roll	2 oz
									Milk Choice	½ pt
L U N C H	* Hamburger/Cheese	2oz	Chicken Nuggets	2 oz	Hot Turkey & Cheese		Hot Dog	2oz	* Fish Sticks	2 oz
	Tator Tots	¾ c	Mashed Potatoes	½ c	Poboy	2 oz	Chili	1oz	Tator Tots or Mac'n Cheese	½ c
	Let/Tom/Pick	¼ c	Fruit Choice:	½ c	Steamed Peas	½ c	Tator Tots	½ oz	Baby Carrots	¼ c
	Fruit Choice:	½ c	Apple Wedges		Or Tator Tots		Tossed Salad	¼ c	with Ranch Dip	
	Fresh Fruit Salad		Fruit Jello w/pineapple		Let/Tom/Pick	¼ c	Fruit Choice:	½ c	Fruit Choice:	½ c
	Cloverdale Peach Cup		Dinner Roll	2 oz	Fruit Choice:	½ c	Pear Halves		Sliced Peaches	
	Milk Choice	½ pt	Milk Choice	½ pt	Cloverdale Straw. Applesauce		Pineapple Tidbits		Tangerines	
	Mayo/Mustard	1 pk	Catsup	2pk	Orange Wedges		Milk Choice	½ pt	Dinner Roll	2 oz
	Catsup	2 pk			Milk Choice	½ pt	Catsup	2 pk	Milk Choice	½ pt
									Tartar Sauce	1 pk
S A L A D	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c
	Diced Tomatoes	¼ c	Sliced Tomatoes	1/3 c	Diced Tomatoes	¼ c	Tomato Wedges	¼ c	Diced Tomatoes	¼ c
	Sl. Pickles	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c
	Shrd. Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz
	Turkey Breast Strips	1 oz	Turkey Breast Strips	1 oz	Grilled Chicken Breast	1 oz	Turkey Breast Strips	1 oz	Tuna Salad	2 oz
	Crackers	1 oz	Crackers	1 oz	Crackers	1oz	Crackers	1 oz	Crackers	1oz
	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1 pk	Croutons	1 pk	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk
	Croutons	1 pk	Croutons	1 pk	FF Dressing, Assrt.	1pk	Croutons	1 pk	Croutons	1pk
	Milk Choice	½ pt	Milk Choice	½ pt	Croutons	1pk	Milk Choice	½ pt	Milk Choice	½ pt
					Milk Choice	½ pt				

	 04/05/2010 11	04/06/2010 12	04/07/2010 13	04/08/2010 14	04/09/2010 15
B R E A K F A S T	EASTER HOLIDAYS Sausage Patty 1 oz Pancakes Choice 2 ea —Reg. or blueberry Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sausage Patty 1 oz Hot Cheesy Grits ½ c Biscuit 1 ea Jelly 1 pk Juice Choice ½ c Milk Choice ½ pt	Breakfast Pizza 1 ea Juice Choice ½ c Milk Choice ½ pt 	Snack Muffin Choice 2 ea Juice Choice ½ c Milk Choice ½ pt	Snack'n Waffle, Maple 1 ea Cheese Stick 1 oz Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk
L U N C H T R	* Red Beans ¾ e —w/Rice ½ e Smk Sausage Link 1 ea Turnip Greens ½ e Fruit Choice: ½ e —Fresh Melon Cup —Fruit Cocktail Cornbread 2 oz Milk Choice ½ pt	* Teriyaki Beef Blasters 2 oz Mashed Potatoes ½ c w/gravy Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Dinner Roll 2 oz Milk Choice ½ pt 	* Baked Chicken 2 oz Rice Dressing ½ c Green Peas ½ c Let/Tom/Shrd Cheese ¼ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Dinner Roll 2 oz Milk Choice ½ pt	* Spaghetti w/Tom. Sauce ¾ c Meatballs 2 oz Steamed Corn ½ c Lett/Tom/Pick ¼ c Garlic Bread 2 oz Fruit Choice: ½ c Fresh Pears Banana Parmesan Cheese 1 pk Milk Choice ½ pt	* Tuna Salad 3 oz Macaroni n Cheese ½ c Or Tator Tots Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Dinner Roll 2 oz Milk Choice ½ pt
L U N C H F F	Hamburger/Cheese 2oz Tator Tots ½ e Lett/Tom/Pick ¼ e Fruit Choice: ½ e —Fresh Melon Cup —Fruit Cocktail Catsup 2pk Mayo/Mustard 1 ea Milk Choice ½ pt	Pepperoni HotPocket 1 ea Cheesy Broccoli ½ c Fruit Choice: ½ c Apple Wedges Cloverdale Peach Cup Milk Choice ½ pt	Tacos 2oz Let/Tom/Shrd Cheese ¼ c Green Peas ½ c Fruit Choice: ½ c Orange Wedges Fruited Jello w/Pear Halves Milk Choice ½ pt	BBQ Sausage Po-Boy 2 oz Tator Tots ½ c Steamed Corn ½ c Lett/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Pears Bananas Milk Choice ½ pt 	* Pizza 1 sl Macaroni n Cheese Or Tator Tots ½ c Green Beans ½ c Fruit Choice: ½ c Frozen Juice Bar Tangerines Catsup 2 pk Milk Choice ½ pt
S A L A D	Mixed Salad Greens 2 ½ e Diced Tomatoes ¼ e Sl. Pickles ¼ e Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt

Start Inventory Reduction, "O" Inventory!

	LEAP, iLEAP, GEE 04/12/2010 1	LEAP, iLEAP, GEE 04/13/2010 2	LEAP, iLEAP, GEE 04/14/2010 3	LEAP, iLEAP, GEE 04/15/2010 4	LEAP, iLEAP, GEE 04/16/2010 5
B R E A K F A S T	Pancake on a Stick 1 ea Fresh Fruit ¼ c Juice Choice ½ c Milk Choice ½ pt Syrup 1 pk	Sl. Turkey Ham 1 oz Hot Cheesy Grits ½ c Biscuit 1 Juice Choice ½ c Milk Choice ½ pt	Cheese Stick 1 oz Cinnamon Roll 3 oz Juice Choice ½ c Milk Choice ½ pt 	Sausage Patty 1 oz Cheesy Grits ½ c Juice Choice ½ c Milk Choice ½ pt Toast w/jelly 1 slice	Turkey Ham, Egg & Cheese Sunrise Stk. 1 ea Commod. Fruit Cup ½ c Juice Choice ½ c Milk Choice ½ pt
L U N C H T R	Ham Patty 2 oz White Beans ¾ oz Steamed Rice ½ c Turnip Greens ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Cornbread 2 oz Milk Choice ½ pt	* Meatloaf w/brn. gravy 2 oz Mashed Potatoes ½ c Mixed Veggies ¼ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2 pk	* Sl. Turkey 2 oz Rice Dressing ½ c Steamed Peas ½ c Or Tator Tots Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Dinner Roll 2 oz Milk Choice ½ pt	* Chicken Cacciatore 2 oz Spaghetti ½ c Steamed Corn ½ c Tossed Salad ¼ c Fruit Choice: ½ c Pear Halves Pineapple Tidbits Garlic Bread 2 oz Milk Choice ½ pt	* “Party Plate” BBQ Chicken 3 ea BBQ Mini Meatballs 3 ea Mac n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice ½ pt
L U N C H F F	* Hamburger/Cheese 2oz Tator Tots ¾ c Let/Tom/Pick ¼ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Milk Choice ½ pt Mayo/Mustard 1 pk Catsup 2 pk	Chicken Nuggets 2 oz Mashed Potatoes ½ c Fruit Choice: ½ c Apple Wedges Fruit Jello w/pineapple Dinner Roll 2 oz Milk Choice ½ pt Catsup 2pk	Hot Turkey & Cheese Poboy 2 oz Steamed Peas ½ c Or Tator Tots Let/Tom/Pick ¼ c Fruit Choice: ½ c Cloverdale Straw. Applesauce Orange Wedges Milk Choice ½ pt	Hot Dog  2oz Chili 1oz Tator Tots ½ oz Tossed Salad ¼ c Fruit Choice: ½ c Pear Halves Pineapple Tidbits Milk Choice ½ pt Catsup 2 pk	Fish Sticks 2 oz Tator Tots or Mac’n Cheese ½ c Baby Carrots ¼ c with Ranch Dip Fruit Choice: ½ c Sliced Peaches Tangerines Dinner Roll 2 oz Milk Choice ½ pt Tartar Sauce 1 pk
S A L A D	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Sliced Tomatoes 1/3 c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt 	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Grilled Chicken Breast 1 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt	Shrd. Lettuce 2 ½ c Tomato Wedges ¼ c Sl. Pickles ¼ c Shrd. Cheese 1 oz Turkey Breast Strips 1 oz Crackers 1 oz FF Dressing, Assrt. 1 pk Croutons 1 pk Milk Choice ½ pt	Mixed Salad Greens 2 ½ c Diced Tomatoes ¼ c Pickle Spears ¼ c Shrd Cheese 1 oz Tuna Salad 2 oz Crackers 1oz FF Dressing, Assrt. 1pk Croutons 1pk Milk Choice ½ pt

Inventory Reduction, “O” Inventory!





* Extra protein added to Breakfast for Testing Week:


	Make-Up LEAP, iLEAP, GEE 4/19/2010 6		Make-Up LEAP, iLEAP, GEE 04/20/2010 7		Make-Up LEAP, iLEAP, GEE 04/21/2010 8		04/22/2010 9		04/23/2010 10	
B R E A K F A S T	Cheese Stick Pop Tarts Juice Choice Milk Choice	1 oz 2 ea ½ c ½	Scrambled Eggs Hot Cheesy Grits Toast Juice Choice Milk Choice Jelly	1 oz ½ c 1 sl ½ c ½ pt 1 pk	Grilled Cheese Toast Sand. Juice Choice Milk Choice	1 oz 2 sl ½ c ½ pt	French Toast Sticks Juice Choice Milk Choice Syrup	5 stks ½ c ½ pt 1pk	Breakfast Breaks Milk Choice	1 ½ pt
L U N C H T R	* Beef Stew Steamed Rice Mixed Vegetables Pineapple Chunks Sugar Cookie Dinner Roll Milk Choice	2 oz ½ c ½ c ½ c 1 ea 2 oz ½ pt	* Sausage Jambalaya White Beans Lett/Tom/Pickles Fruit Choice: Frozen Juice Bar Cloverdale Peach Cup Dinner Roll Milk Choice	2 oz ½ c ¼ c ½ c 2 oz ½ pt	Stewed Chicken w/gravy Steamed Rice Steamed Cabbage Fruit Choice: Apple Wedges Fruited Jello w/Fruit Cocktail Dinner Roll Milk Choice	2 oz ½ c ½ c ½ c ½ pt 2 oz ½ pt	* Lasagna Steamed Corn Fruit Choice: Strawberries & Pineapple Pear Halves Garlic Bread Parmesan Cheese Milk Choice	2 oz ½ c ½ c 2 oz 1 pk ½ pt	* Fish Pattie Parsley Potatoes Steamed Peas Fruit Choice: Orange Wedges Banana Dinner Roll Tarter Sauce/Catsup Milk Choice	3 oz ½ c ½ c ½ c 2 oz 1pk/2pk ½ pt
L U N C H F F	Corn Dogs Tator Tots Let/Tom/Pick Sugar Cookie Pineapple Chunks Milk Choice	2 oz ½ c ¼ c 1 ea ½ c ½ pt	Hamburger w/Cheese Tator Tots Lett/Tom/Pickles Fruit Choice: Frozen Juice Bar Cloverdale Peach Cup Dinner Roll Milk Choice Catsup/Mayo/Mustard	2 oz ½ c ¼ c ½ c 2 oz ½ pt 2/1/1	* Hot Dog Chili Shredded Cheese French Fries Fruit Choice: Apple Wedges Fruited Jello w/Fruit Cocktail Milk Choice Catsup/Mustard	2 oz 1 oz 1 oz ½ c ½ c ½ pt 2/1	Chicken Patty on Bun Tator Tots Lett/Tom/Pickles Fruit Choice: Strawberries & Pineapple Pear Halves Milk Choice Catsup/Mayo/Mustard	2 oz ¾ c ¼ c ½ c ½ pt 2/1/1	Stuffed Crust Pizza Parsley Potatoes Steamed Peas Fruit Choice: Orange Wedges Banana Catsup Milk Choice	1 sl ½ c ½ c ½ c 2pk ½ pt
S A L A D	Mixed Salad Greens Diced Tomatoes Sl. Pickles Shrd. Cheese Turkey Breast Strips Crackers FF Dressing, Assrt. Croutons Milk Choice	2 ½ c ¼ c ¼ c 1 oz 1 oz 1 oz 1 pk 1 pk 1 pk ½ pt	Shrd. Lettuce Sliced Tomatoes Sl. Pickles Shrd. Cheese Turkey Breast Strips Crackers FF Dressing, Assrt. Croutons Milk Choice	2 ½ c 1/3 c ¼ c 1 oz 1 oz 1 oz 1 pk 1 pk ½ pt	Mixed Salad Greens Diced Tomatoes Pickle Spears Shrd Cheese Grilled Chicken Breast Crackers FF Dressing, Assrt. Croutons Milk Choice	2 ½ c ¼ c ¼ c 1 oz 1 oz 1 oz 1pk 1pk 1pk ½ pt	Shrd. Lettuce Tomato Wedges Sl. Pickles Shrd. Cheese Turkey Breast Strips Crackers FF Dressing, Assrt. Croutons Milk Choice	2 ½ c ¼ c ¼ c 1 oz 1 oz 1 oz 1 pk 1 pk ½ pt	Mixed Salad Greens Diced Tomatoes Pickle Spears Shrd Cheese Tuna Salad Crackers FF Dressing, Assrt. Croutons Milk Choice	2 ½ c ¼ c ¼ c 1 oz 2 oz 1oz 1pk 1pk 1pk ½ pt

Inventory Reduction, "O" Inventory!

	SPRING BREAK 04/26/2010 11	SPRING BREAK 04/27/2010 12	SPRING BREAK 04/28/2010 13	SPRING BREAK 04/29/2010 14	SPRING BREAK 04/30/2010 15
B R E A K F A S T	Pancakes Choice — 2 ea — Reg. or blueberry Juice Choice — ½ e Milk Choice — ½ pt Syrup — 1 pk	Sausage Patty — 1 oz Hot Cheesy Grits — ½ e Biscuit — 1 ea Jelly — 1 pk Juice Choice — ½ e Milk Choice — ½ pt	Breakfast Pizza — 1 ea Juice Choice — ½ e Milk Choice — ½ pt	Snack Muffin Choice — 2 ea Juice Choice — ½ e Milk Choice — ½ pt	Snack'n Waffle, Maple — 1 ea Cheese Stick — 1 oz Juice Choice — ½ e Milk Choice — ½ pt Syrup — 1 pk
L U N C H	* Red Beans — ¾ e — w/Rice — ½ e Smk Sausage Link — 1 ea Turnip Greens — ½ e Fruit Choice: — ½ e — Fresh Melon Cup — Fruit Cocktail Cornbread — 2 oz Milk Choice — ½ pt	* Teriyaki Beef Blasters — 2 oz Mashed Potatoes — ½ e — w/gravy Cheesy Broccoli — ½ e Fruit Choice: — ½ e — Apple Wedges — Cloverdale Peach Cup Dinner Roll — 2 oz Milk Choice — ½ pt	* Baked Chicken — 2 oz Rice Dressing — ½ e Green Peas — ½ e Let/Tom/Shrd Cheese — ¼ e Fruit Choice: — ½ e — Orange Wedges — Fruited Jello w/Pear Halves Dinner Roll — 2 oz Milk Choice — ½ pt	* Spaghetti w/Tom. Sauce — ¾ e Meatballs — 2 oz Steamed Corn — ½ e Lett/Tom/Pick — ¼ e Garlic Bread — 2 oz Fruit Choice: — ½ e — Fresh Pears — Banana Parmesan Cheese — 1 pk Milk Choice — ½ pt	* Tuna Salad — 3 oz Macaroni n Cheese — ½ e — Or Tator Tots Green Beans — ½ e Fruit Choice: — ½ e — Frozen Juice Bar — Tangerines Dinner Roll — 2 oz Milk Choice — ½ pt
L U N C H	Hamburger/Cheese — 2oz Tator Tots — ½ e Let/Tom/Pick — ¼ e Fruit Choice: — ½ e — Fresh Melon Cup — Fruit Cocktail Catsup — 2pk Mayo/Mustard — 1 ea Milk Choice — ½ pt	Pepperoni Hot Pocket — 1 ea Cheesy Broccoli — ½ e Fruit Choice: — ½ e — Apple Wedges — Cloverdale Peach Cup Milk Choice — ½ pt	Tacos — 2oz Let/Tom/Shrd Cheese — ¼ e Green Peas — ½ e Fruit Choice: — ½ e — Orange Wedges — Fruited Jello w/Pear Halves Milk Choice — ½ pt	BBQ Sausage Po-Boy — 2 oz Tator Tots — ½ e Steamed Corn — ½ e Let/Tom/Pick — ¼ e Fruit Choice: — ½ e — Fresh Pears — Bananas Milk Choice — ½ pt	* Pizza — 1 sl Macaroni n Cheese — Or Tator Tots — ½ e Green Beans — ½ e Fruit Choice: — ½ e — Frozen Juice Bar — Tangerines Catsup — 2 pk Milk Choice — ½ pt
S A L A D	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice — ½ pt	Shrd. Lettuce — 2 ½ e Sliced Tomatoes — 1/3 e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice — ½ pt	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Pickle Spears — ¼ e Shrd Cheese — 1 oz Grilled Chicken Breast — 1 oz Crackers — 1oz FF Dressing, Assrt. — 1pk Croutons — 1pk Milk Choice — ½ pt	Shrd. Lettuce — 2 ½ e Tomato Wedges — ¼ e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice — ½ pt	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Pickle Spears — ¼ e Shrd Cheese — 1 oz Tuna Salad — 2 oz Crackers — 1oz FF Dressing, Assrt. — 1pk Croutons — 1pk Milk Choice — ½ pt



	05/03/2010	1	05/04/2010	2	05/05/2010	3	05/06/2010	4	Manager's Special: Choice Menu 05/07/2010	5
B R E A K F A S T	Pancake on a Stick	1 ea	Sl. Turkey Ham	1 oz	Cinnamon Roll	3 oz	Cereal	2 ea	Turkey Ham, Egg & Cheese Sunrise Stk.	1 ea
	Fresh Fruit	¼ c	Hot Cheesy Grits	½ c	Juice Choice	½ c	Banana	½ c	Commod. Fruit Cup	½ c
	Juice Choice	½ c	Biscuit	1	Milk Choice	½ pt	Juice Choice	½ c	Juice Choice	½ c
	Milk Choice	½ pt	Juice Choice	½ c			Milk Choice	½ pt	Milk Choice	½ pt
	Syrup	1 pk	Milk Choice	½ pt						
L U N C H	Ham Patty	2 oz	* Meatloaf w/brn. gravy	2 oz	* Sl. Turkey	2 oz	* Chicken Cacciatore	2 oz	* "Party Plate"	
	White Beans	¾ oz	Mashed Potatoes	½ c	Rice Dressing	½ c	Spaghetti	½ c	BBQ Chicken	3 ea
	Steamed Rice	½ c	Mixed Veggies	¼ c	Steamed Peas	½ c	Steamed Corn	½ c	BBQ Mini Meatballs	3 ea
	Turnip Greens	¼ c	Fruit Choice:	½ c	Or Tator Tots		Tossed Salad	¼ c	Mac n Cheese	½ c
	Fruit Choice:	½ c	Apple Wedges		Fruit Choice:	½ c	Fruit Choice:	½ c	Baby Carrots	¼ c
	Fresh Fruit Salad		Fruit Jello w/pineapple		Cloverdale Straw. Applesauce		Pear Halves		with Ranch Dip	
	Cloverdale Peach Cup		Dinner Roll	2 oz	Orange Wedges		Pineapple Tidbits		Fruit Choice:	½ c
	Cornbread	2 oz	Milk Choice	½ pt	Dinner Roll	2 oz	Garlic Bread	2 oz	Sliced Peaches	
	Milk Choice	½ pt	Catsup	2 pk	Milk Choice	½ pt	Milk Choice	½ pt	Tangerines	
									Dinner Roll	2 oz
									Milk Choice	½ pt
L U N C H	* Hamburger/Cheese	2oz	Chicken Nuggets	2 oz	Hot Turkey & Cheese		Hot Dog	2oz	Fish Sticks	2 oz
	Tator Tots	¾ c	Mashed Potatoes	½ c	Poboy	2 oz	Chili	1oz	Tator Tots or Mac'n Cheese	½ c
	Let/Tom/Pick	¼ c	Fruit Choice:	½ c	Steamed Peas	½ c	Tator Tots	½ oz	Baby Carrots	¼ c
	Fruit Choice:	½ c	Apple Wedges		Or Tator Tots		Tossed Salad	¼ c	with Ranch Dip	
	Fresh Fruit Salad		Fruit Jello w/pineapple		Let/Tom/Pick	¼ c	Fruit Choice:	½ c	Fruit Choice:	½ c
	Cloverdale Peach Cup		Dinner Roll	2 oz	Fruit Choice:	½ c	Pear Halves		Sliced Peaches	
	Milk Choice	½ pt	Milk Choice	½ pt	Cloverdale Straw. Applesauce		Pineapple Tidbits		Tangerines	
	Mayo/Mustard	1 pk		2pk	Orange Wedges		Milk Choice	½ pt	Dinner Roll	2 oz
	Catsup	2 pk	Catsup	2pk	Milk Choice	½ pt	Catsup	2 pk	Milk Choice	½ pt
									Tartar Sauce	1 pk
S A L A D	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c
	Diced Tomatoes	¼ c	Sliced Tomatoes	1/3 c	Diced Tomatoes	¼ c	Tomato Wedges	¼ c	Diced Tomatoes	¼ c
	Sl. Pickles	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c
	Shrd. Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz
	Turkey Breast Strips	1 oz	Turkey Breast Strips	1 oz	Grilled Chicken Breast	1 oz	Turkey Breast Strips	1 oz	Tuna Salad	2 oz
	Crackers	1 oz	Crackers	1 oz	Crackers	1oz	Crackers	1 oz	Crackers	1oz
	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1 pk	Crackers	1oz	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk
	Croutons	1 pk	Croutons	1 pk	FF Dressing, Assrt.	1pk	Croutons	1 pk	Croutons	1pk
	Milk Choice	½ pt	Milk Choice	½ pt	Croutons	1pk	Milk Choice	½ pt	Milk Choice	½ pt
					Milk Choice	½ pt				

	05/10/2010	6	05/11/2010	7	05/12/2010	8	05/13/2010	9	05/14/2010	10
B R E A K F A S T	Pop Tarts	2 ea	Scrambled Eggs	1 oz	Grilled Cheese	1 oz	French Toast Sticks	5 stks	Breakfast Breaks	1
	Juice Choice	½ c	Hot Cheesy Grits	½ c	Toast Sand.	2 sl	Juice Choice	½ c	Milk Choice	½ pt
	Milk Choice	½	Toast	1 sl	Juice Choice	½ c	Milk Choice	½ pt		
			Juice Choice	½ c	Milk Choice	½ pt	Syrup	1pk		
			Milk Choice	½ pt						
			Jelly	1 pk						
										
L U N C H T R	*		*				*		*	
	Beef Stew	2 oz	Sausage Jambalaya	2 oz	Stewed Chicken	2 oz	Lasagna	2 oz	Fish Pattie	3 oz
	Steamed Rice	½ c	White Beans	½ c	w/gravy		Steamed Corn	½ c	Parsley Potatoes	½ c
	Mixed Vegetables	½ c	Lett/Tom/Pickles	¼ c	Steamed Rice	½ c	Fruit Choice:	½ c	Steamed Peas	½ c
	Pineapple Chunks	½ c	Fruit Choice:	½ c	Steamed Cabbage	½ c	Strawberries & Pineapple		Fruit Choice:	½ c
	Sugar Cookie	1 ea	Frozen Juice Bar		Fruit Choice:	½ c	Pear Halves		Orange Wedges	
	Dinner Roll	2 oz	Cloverdale Peach Cup		Apple Wedges		Garlic Bread	2 oz	Banana	
	Milk Choice	½ pt	Dinner Roll	2 oz	Fruited Jello w/Fruit		Parmesan Cheese	1 pk	Dinner Roll	2 oz
			Milk Choice	½ pt	Cocktail		Milk Choice	½ pt	Tarter Sauce/Catsup	1pk/2pk
					Dinner Roll	2 oz			Milk Choice	½ pt
					Milk Choice	½ pt				
L U N C H F F					*					
	Corn Dogs	2 oz	Hamburger w/Cheese	2 oz	Hot Dog	2 oz	Chicken Patty on Bun	2 oz	Stuffed Crust Pizza	1 sl
	Tator Tots	½ c	Tator Tots	½ c	Chili	1 oz	Tator Tots	¾ c	Parsley Potatoes	½ c
	Lett/Tom/Pick	¼ c	Lett/Tom/Pickles	¼ c	Shredded Cheese	1 oz	Lett/Tom/Pickles	¼ c	Steamed Peas	½ c
	Sugar Cookie	1 ea	Fruit Choice:	½ c	French Fries	½ c	Fruit Choice:	½ c	Fruit Choice:	½ c
	Pineapple Chunks	½ c	Frozen Juice Bar		Fruit Choice:	½ c	Strawberries & Pineapple		Orange Wedges	
	Milk Choice	½ pt	Cloverdale Peach Cup		Apple Wedges		Pear Halves		Banana	
			Dinner Roll	2 oz	Fruited Jello w/Fruit		Milk Choice	½ pt	Catsup	2pk
			Milk Choice	½ pt	Cocktail		Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt
			Catsup/Mayo/Mustard	2/1/1	Milk Choice	½ pt				
					Catsup/Mustard	2/1				
S A L A D	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c	Shrd. Lettuce	2 ½ c	Mixed Salad Greens	2 ½ c
	Diced Tomatoes	¼ c	Sliced Tomatoes	1/3 c	Diced Tomatoes	¼ c	Tomato Wedges	¼ c	Diced Tomatoes	¼ c
	Sl. Pickles	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c	Sl. Pickles	¼ c	Pickle Spears	¼ c
	Shrd. Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz	Shrd. Cheese	1 oz	Shrd Cheese	1 oz
	Turkey Breast Strips	1 oz	Turkey Breast Strips	1 oz	Grilled Chicken Breast	1 oz	Turkey Breast Strips	1 oz	Tuna Salad	2 oz
	Crackers	1 oz	Crackers	1 oz	Crackers	1oz	Crackers	1 oz	Crackers	1oz
	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1 pk	Croutons	1pk	FF Dressing, Assrt.	1 pk	FF Dressing, Assrt.	1pk
	Croutons	1 pk	Croutons	1 pk	FF Dressing, Assrt.	1pk	Croutons	1 pk	Croutons	1pk
	Milk Choice	½ pt	Milk Choice	½ pt	Croutons	1pk	Milk Choice	½ pt	Croutons	1pk
					Milk Choice	½ pt			Milk Choice	½ pt

Inventory Reduction, "O" Inventory!



	05/17/2010	11	05/18/2010	12	05/19/2010	13	05/20/2010	14	05/21/2010	15
B R E A K F A S T	Pancakes Choice 2 ea Reg. or blueberry		Sausage Patty 1 oz		Breakfast Pizza 1 ea		Snack Muffin Choice 2 ea		Snack Muffin Choice 2 ea	
	Juice Choice ½ c		Hot Cheesy Grits ½ c		Juice Choice ½ c		Juice Choice ½ c		Snack Muffin Choice 2 ea	
L U N C H	Milk Choice ½ pt		Biscuit 1 ea		Milk Choice ½ pt		Milk Choice ½ pt		Milk Choice ½ pt	
	Syrup 1 pk		Jelly 1 pk						Syrup 1 pk	
T R			Juice Choice ½ c						Syrup 1 pk	
			Milk Choice ½ pt						Syrup 1 pk	
Final Exams & Graduation										
L U N C H	* Red Beans ¾ c		* Teriyaki Beef Blasters 2 oz		* Baked Chicken 2 oz		Spaghetti w/Tom. Sauce ¾ e		Tuna Salad 3 oz	
	w/Rice ½ c		Mashed Potatoes ½ c		Rice Dressing ½ c		Meatballs 2 oz		Macaroni n Cheese ½ e	
T R	Smk Sausage Link 1 ea		w/gravy		Green Peas ½ c		Steamed Corn ½ e		Or Tator Tots	
	Turnip Greens ½ c		Cheesy Broccoli ½ c		Let/Tom/Shrd Cheese ¼ c		Lett/Tom/Pick ¼ e		Green Beans ½ e	
F F	Fruit Choice: ½ c		Fruit Choice: ½ c		Fruit Choice: ½ c		Garlic Bread 2 oz		Fruit Choice: ½ e	
	Fresh Melon Cup		Apple Wedges		Orange Wedges		Fruit Choice: ½ e		Frozen Juice Bar	
F F	Fruit Cocktail		Cloverdale Peach Cup		Fruited Jello w/Pear Halves		Fresh Pears		Tangerines	
	Cornbread 2 oz		Dinner Roll 2 oz		Dinner Roll 2 oz		Banana		Dinner Roll 2 oz	
F F	Milk Choice ½ pt		Milk Choice ½ pt		Milk Choice ½ pt		Parmesan Cheese 1 pk		Milk Choice ½ pt	
							Milk Choice ½ pt		One-Half Work Day for SFS	
L U N C H	Hamburger/Cheese 2oz		Pepperoni HotPocket 1 ea		Tacos 2oz		* BBQ Sausage Po-Boy 2 oz		* Turkey PoBoy 2 oz	
	Tator Tots ½ c		Cheesy Broccoli ½ c		Let/Tom/Shrd Cheese ¼ c		Tator Tots ½ c		w/Cheese	
F F	Let/Tom/Pick ¼ c		Fruit Choice: ½ c		Green Peas ½ c		Steamed Corn ½ c		Tator Tots ½ c	
	Fruit Choice: ½ c		Apple Wedges		Fruit Choice: ½ c		Let/Tom/Pick ¼ c		Let/Tom/Pickles ¼ c	
F F	Fresh Melon Cup		Cloverdale Peach Cup		Orange Wedges		Fruit Choice: ½ c		Fruit Choice: ½ c	
	Fruit Cocktail		Milk Choice ½ pt		Fruited Jello w/Pear Halves		Fresh Pears ½ pt		Manager's Choice	
F F	Catsup 2pk				Milk Choice ½ pt		Bananas ½ pt		Milk Choice ½ pt	
	Mayo/Mustard 1 ea						Milk Choice ½ pt		Catsup/Mayo/Mustard 2/1/1	
S A L A D	Milk Choice ½ pt						Milk Choice ½ pt		Milk Choice ½ pt	
S A L A D	Mixed Salad Greens 2 ½ c		Shrd. Lettuce 2 ½ c		Mixed Salad Greens 2 ½ c		Shrd. Lettuce 2 ½ e		Mixed Salad Greens 2 ½ e	
	Diced Tomatoes ¼ c		Sliced Tomatoes 1/3 c		Diced Tomatoes ¼ c		Tomato Wedges ¼ e		Diced Tomatoes ¼ e	
D	Sl. Pickles ¼ c		Sl. Pickles ¼ c		Pickle Spears ¼ c		Sl. Pickles ¼ e		Pickle Spears ¼ e	
	Shrd. Cheese 1 oz		Shrd. Cheese 1 oz		Shrd Cheese 1 oz		Shrd. Cheese 1 oz		Shrd Cheese 1 oz	
D	Turkey Breast Strips 1 oz		Turkey Breast Strips 1 oz		Grilled Chicken Breast 1 oz		Turkey Breast Strips 1 oz		Tuna Salad 2 oz	
	Crackers 1 oz		Crackers 1 oz		Crackers 1oz		Crackers 1 oz		Crackers 1oz	
D	FF Dressing, Assrt. 1 pk		FF Dressing, Assrt. 1 pk		FF Dressing, Assrt. 1pk		FF Dressing, Assrt. 1 pk		FF Dressing, Assrt. 1pk	
	Croutons 1 pk		Croutons 1 pk		Croutons 1pk		Croutons 1 pk		Croutons 1pk	
D	Milk Choice ½ pt		Milk Choice ½ pt		Milk Choice ½ pt		Milk Choice ½ pt		Milk Choice ½ pt	

*Prek – 3 Menu

2009 – 2010 MENU

Grades 4 – 12

January – May 2010

	½day for Std. Final Exams 05/24/09 1	½day for Std. Final Exams 05/25/09 2	CLOSING DAY OF SCHOOL 05/26/09 3	05/27/09 4	05/28/09 5
B R E A K F A S T	*Breakfst: Manager's Spec Pancake on a Stick — 1 ea Fresh Fruit — ¼ e Juice Choice — ½ e Milk Choice — ½ pt Syrup — 1 pk	Last Day for Students *Breakfst: Manager's Spec Sl. Turkey Ham — 1 oz Hot Cheesy Grits — ½ e Biscuit — 1 Juice Choice — ½ e Milk Choice — ½ pt	TEACHER WORK DAY Cinnamon Roll — 3 oz Juice Choice — ½ e Milk Choice — ½ pt 	Cereal — 2 ea Banana — ½ e Juice Choice — ½ e Milk Choice — ½ pt	Turkey Ham, Egg & — 1 ea — Cheese Sunrise Stk. Commod. Fruit Cup — ½ e Juice Choice — ½ e Milk Choice — ½ pt
L U N C H T R	* Ham Patty — 2 oz White Beans — ¾ oz Steamed Rice — ½ e Turnip Greens — ¼ e Fruit Choice: — ½ e — Fresh Fruit Salad — Cloverdale Peach Cup Cornbread — 2 oz Milk Choice — ½ pt	* "Bag Lunch" Sandwich of Choice 2 oz Pickles ¼ c Fruit ½ c Milk Choice ½ pt Chips Only if in stock Manager's Special: NC Menu	* Sl. Turkey — 2 oz Rice Dressing — ½ e Steamed Peas — ½ e — Or Tator Tots Fruit Choice: — ½ e — Cloverdale Straw. Applesauce — Orange Wedges Dinner Roll — 2 oz Milk Choice — ½ pt	* Chicken Cacciatore — 2 oz Spaghetti — ½ e Steamed Corn — ½ e Tossed Salad — ¼ e Fruit Choice: — ½ e — Pear Halves — Pineapple Tidbits Garlic Bread — 2 oz Milk Choice — ½ pt	* "Party Plate" BBQ Chicken — 3 ea BBQ Mini Meatballs — 3 ea Mac n Cheese — ½ e Baby Carrots — ¼ e — with Ranch Dip Fruit Choice: — ½ e — Sliced Peaches — Tangerines Dinner Roll — 2 oz Milk Choice — ½ pt
L U N C H F F	* Corn Dog 2oz Tator Tots ¾ c Fruit Choice: ½ c Fresh Fruit Salad Cloverdale Peach Cup Milk Choice ½ pt Mayo/Mustard 1 pk Catsup 2 pk Manager's Special: NC Menu	Chicken Nuggets — 2 oz Mashed Potatoes — ½ e Fruit Choice: — ½ e — Apple Wedges — Fruit Jello w/pineapple Dinner Roll — 2 oz Milk Choice — ½ pt Catsup — 2pk	Hot Turkey & Cheese — Poboy — 2 oz Steamed Peas — ½ e — Or Tator Tots Let/Tom/Piek — ¼ e Fruit Choice: — ½ e — Cloverdale Straw. Applesauce — Orange Wedges Milk Choice — ½ pt	"Bag Lunch" Sandwich of Choice — 2 oz Pickles — ¼ e Fruit — ½ e Milk Choice — ½ pt Chips — Only if in stock	Fish Sticks — 2 oz Tator Tots or Mae'n Cheese ½ e Baby Carrots — ¼ e — with Ranch Dip Fruit Choice: — ½ e — Sliced Peaches — Tangerines Dinner Roll — 2 oz Milk Choice — ½ pt Tartar Sauce — 1 pk
S A L A D	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice — ½ pt	Shrd. Lettuce — 2 ½ e Sliced Tomatoes — 1/3 e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice  — ½ pt	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Pickle Spears — ¼ e Shrd. Cheese — 1 oz Shrd. Turkey Breast Strips — 1 oz Grilled Chicken Breast — 1 oz Crackers — 1oz FF Dressing, Assrt. — 1pk Croutons — 1pk Milk Choice — ½ pt	Shrd. Lettuce — 2 ½ e Tomato Wedges — ¼ e Sl. Pickles — ¼ e Shrd. Cheese — 1 oz Turkey Breast Strips — 1 oz Crackers — 1 oz FF Dressing, Assrt. — 1 pk Croutons — 1 pk Milk Choice — ½ pt	Mixed Salad Greens — 2 ½ e Diced Tomatoes — ¼ e Pickle Spears — ¼ e Shrd. Cheese — 1 oz Tuna Salad — 2 oz Crackers — 1oz FF Dressing, Assrt. — 1pk Croutons — 1pk Milk Choice — ½ pt

Inventory Reduction., "O" Inventory

May 20 - 25 Manager's Special, Non-Choice Menu

***MUST BE A REIMBURSABLE MEAL**